

## **Unit 3: Time to Transition**

Unit #: APSDO-00020609

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Grade(s): 12

Subject(s): School Counseling

Course(s): GR. 12 - SCHOOL COUNSELING

## **Unit Focus**

In this unit, students will update and finalize their post-secondary plans.

| Stage | 1: | <b>Desired</b> | Results |
|-------|----|----------------|---------|
|-------|----|----------------|---------|

|   | Stage 1: Desired Results  |  |  |
|---|---|--|--|
| Established Goals   | Transfer  |  |  |
| Standards   | What kinds of long-term, independent accomplishments are desired? Students will be able to independently use their learning to  |  |  |
| <ul> <li>Avon School Counseling Standards (CT 2020)</li> <li>School Counselling</li> <li>ACADEMIC DEVELOPMENT</li> </ul>  | T1 (T1) Use self-knowledge in order to develop effective decision making skills, create meaningful goals, and identify positive attributes.                             |  |  |
| <ul> <li>Demonstrate ability to plan a challenging program of studies to prepare for a variety of options after graduation. (A2)</li> <li>SOCIAL/EMOTIONAL DEVELOPMENT</li> <li>Demonstrate the ability to make decisions, think divergently, and take steps to achieve desired outcomes. Able to overcome challenges and obstacles and develop positive coping strategies and build resilience. (SE3)</li> </ul> | T2 (T3) Explore and pursue viable options based on interests, experience, and goals.  |  |  |
|   | Meaning   |  |  |
|   | Understanding(s)  | Essential Question(s)  |  |
|   | What specifically do you want students to understand? What inferences should they make? Students will understand that  U1 (U3) Reflection is necessary to develop self- | What thought-provoking questions will foster inquiry, meaning making, and transfer? Students will keep considering Q1 (Q15) How do my reflective practices of my current |  |
|   | knowledge.  U2 (U1) Effective decision making and goal setting skills are necessary to achieve personal success.  | performance inform my ability to set realistic future goals?  Q2 (Q16) How have my outside experiences enriched my learning process?                                     |  |
|   | U3 (U5) Exploration and planning are essential for future success.  |  |  |
|   | Acquisition   |  |  |
|   | Knowledge   | Skill(s)   |  |

| What facts and basic concepts should students know and be able to recall? Students will know | What discrete skills and processes should students be able to<br>use? Students will be skilled at |
|--|---|
| K1 How to access resources and communicate with others for effective decision-making         | S1 Identifying skills attained in high school that can transition to postsecondary life           |
|  | S2 Reflecting on strengths and weaknesses in academic and extracurricular programs                |
|  | S3 Identifying realistic goals for transition (e.g., academic, personal, training, employment)    |
|  | S4 Communicating their post-secondary plan  |